

HISTORY & PHYSICAL

DATE

NAME SSN DATE OF BIRTH

FAMILY/SOCIAL HISTORY FATHER MOTHER SIBLINGS CHILDREN FATHER MOTHER SIBLINGS CHILDREN Heart Disease High Blood Pressure Stroke Cancer Glaucoma Diabetes Thyroid Disease Epilepsy/Convulsions Migraine Mental Illness Asthma / COPD Bleeding Disorder Anemia Osteoporosis / Arthritis Kidney Disease Alcoholism / Liver Disease

FATHER MOTHER SIBLINGS CHILDREN Living Deceased Age Alcohol oz. per week Coffee / Tea cups per day Smoking cig/day #years year quit Exercise Street Drugs

HOSPITAL ADMISSIONS YEAR ILLNESS OR OPERATION ALLERGIES

LIST ALL MEDICATIONS YOU ARE NOW TAKING VACCINE YEAR OF LAST TEST / EXAM YEAR OF LAST Tetanus / Td Rectal/Stool Influenza (FLU) Cholesterol Pneumonia Eye Hepatitis Colonoscopy Tuberculosis PSA

MEDICAL HISTORY MARK (C) FOR CURRENT PROBLEMS. CHECK (✓) AND INDICATE AGE WHEN YOU HAD ANY OF THE FOLLOWING SYMPTOMS OR DISEASES.

CONSTITUTIONAL: ENDOCRINE: RESPIRATORY: Fainting spell / dizzy spell Diabetes Frequent cold or cough / asthma / wheezing / emphysema (COPD)

ENT: ENDOCRINE: GASTROINTESTINAL: Decreased hearing / ear infections (recurrent) History of seizure / stroke Loss of appetite / difficulty swallowing

CARDIOVASCULAR: FEMALES: BLOOD: Chest pain / palpitations / heart throbbing / CAD Number of pregnancies, abortions, miscarriages, births Menstrual history; started at age, stopped at age, regular, irregular, days of flow, length of cycle, pains or cramps

GENITOURINARY: First day of period Last pap smear date Last mammogram date Birth control method Do monthly self breast exam? Vaginal discharge / itching / dryness / bleeding after intercourse Menopausal symptoms

SKIN: EYES: Change in skin color / rashes / hives Blurred vision / double vision Psoriasis / eczema / acne Cataract / Glaucoma Change in moles / nails / hair Glasses / Contacts

MUSCLES AND BONES: BREAST: PSYCHIATRIC: Joint pain / stiffness in joint / muscle weakness Swelling or redness or pain Lumps in breast / breast cancer Gout / osteoporosis Nipple discharge, changes or retraction

INFECTIOUS: Chicken pox / polio / measles / mumps / German measles / tuberculosis / herpes

SYNOPSIS